

# Springhallow Autism Outreach training for professionals

*January to July 2025*





## Springhallow Autism Outreach Training for Professionals

### What we do:

We deliver a comprehensive autism training package to teachers, support staff and school leaders. This includes the promotion of the Autism Education Trust (AET) including their training modules which we deliver with our respective partners in Early Years, Schools and Post 16. We are a service for schools who work in partnership with families and colleagues to strive for the best possible outcomes for our youngsters.

The Autism Education Trust (AET) is a partnership between Ambitious about Autism, the Autism Alliance and the National Autistic Society (NAS).

We support individual schools through bespoke training packages and offer personalised advice to support individuals with social communication needs including autism in their setting.

We also deliver whole school inset or twilight training which is charged at £75 per hour for twilight sessions.

Please contact us to discuss your requirements: [outreach@springhallow.ealing.sch.uk](mailto:outreach@springhallow.ealing.sch.uk) 020 8998 2700 option 2 then 4.

To book a place on any of our training events please use the links at the end of this booklet. Our courses are not chargeable to Ealing mainstream schools including academies. Other boroughs and independent schools: From £131 pp

### Who we are:

### **Dawn Clegg - Assistant head teacher outreach lead**



My background and qualifications are in special education, where I have worked with children, young people and adults in a variety of settings including schools, colleges and residential settings. I have worked at Springhallow school since 2004 and since 2008 I have worked in our local authority commissioned autism outreach department. I am an Assistant Head Teacher and lead a small team whose remit is to support staff who work in mainstream schools. Our aim is to promote the inclusion of children with social communication difficulties, including autism.

### **Zuza Nowak - Assistant head teacher for secondary department**



I am passionate about working with autistic children and young people. My background and qualifications reflect this as they are in primary, secondary and special education both here in England and abroad. I have worked at Springhallow since 2005 when I started as a primary teacher and am now the secondary school Assistant Head Teacher. I am responsible for assessment and curriculum in my current role. I also provide training for parents via the Cygnet programme and have done so over the past ten years. I support transitions from primary to secondary within our school as well as from secondary to college/further education settings supporting families to strive for the best possible outcomes.

### **Maria Heyns - Assistant head teacher for primary department**



My background and qualifications are in Primary Foundation Stage and Special Education. I started my teaching career in a SEN unit which sparked my interest in autism, leading to my role at Springhallow 11 years ago, where I began as a primary teacher. In 2016 I became the Primary Phase Assistant Head Teacher, responsible for assessments and curriculum. I have continued to learn and gain insights through my own professional development and from multi agency teams (SaLT, OT and clinical psychologists). There is always more to learn as current research and development continues. I deliver the Early Bird Plus courses to parents and the AET Schools and Early Years programs. I support the teachers, teaching assistants, pupils and parents in the primary department with my knowledge, experience and passion about all things autism.

## Overview of Springhallow outreach training 2024-2025

Training Event	Spring 1	Spring 2	Summer 1	Summer 2
Understanding Pupils on the Autism Spectrum in your setting			05.01.25	
Understanding and Supporting the Behaviour of Pupils on the Autism Spectrum	30.01.25		15.05.25	
Writing Social Stories™ Workshop			22.05.25	
Resources and Strategies				05.06.25
Transition to Secondary School		06.03.25		
Emotional Based School Avoidance (EBSA) with an Autism Focus				TBC
Outreach Autism Conference 2023	14.02.25			
AET Early Year's Good Autism Practice (2 sessions)				10.06.25 & 17.06.25
AET School's Good Autism Practice (2 sessions)	28.01.25 & 04.02.25		29.04.25 & 06.05.25	
AET Anxiety Module				19.06.25
AET School Leaders Module:  - Understanding Good Autism Practice & the AET Framework for Leaders. - AET School's Exclusions Module			13.05.25	
AET Post 16 Good Autism Practice			08.05.25	26.06.25
AET Post 16 Leadership, inclusion and structural reasonable adjustments		25.02.25		



# Understanding pupils on the autism spectrum in your setting

## Target audience

SENCOs/Teachers/Teaching Assistants working in mainstream schools

## Course aims and objectives

To increase awareness and understanding of autism and how individuals can be affected.

To consider some supportive strategies.

**Thursday 16 January 2025 from 9.30 am – 12midday**

**Thursday 1 May 2025 from 9.30 am – 12midday**



# Understanding and supporting the behaviour of pupils on the autism spectrum

## Target audience

SENCOs/Teachers/Teaching Assistants. Follow on training for mainstream school staff who have previously attended 'Understanding pupils on the autism spectrum in your setting' or AET Training and working with autistic pupils.

## Course aims and objectives

To consider how functional analysis can help staff to understand behaviour and help their pupils to find ways to regulate themselves.

**Thursday 30 January 2025 from 9.30 am -12midday**

**Thursday 15 May 2025 from 9.30am -12midday**





# Writing Social Stories™ Workshop

Target Audience

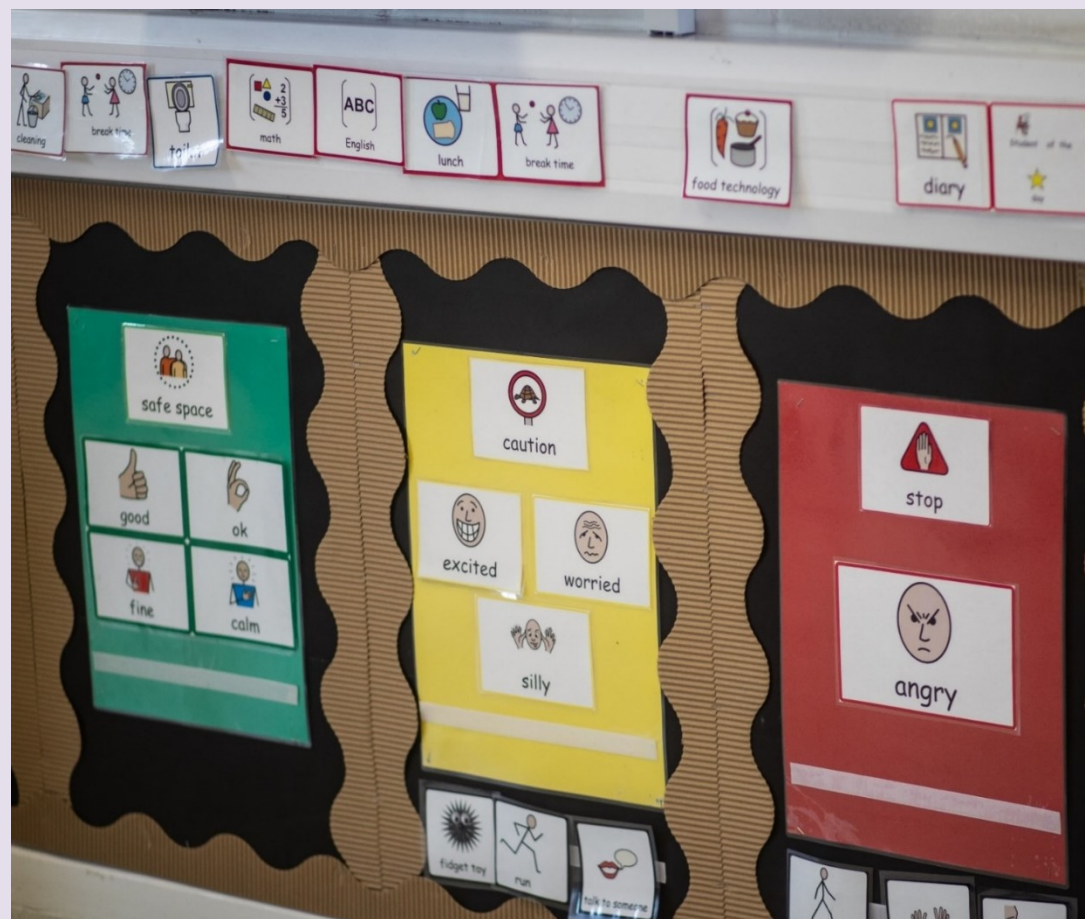
SENCOs/Teachers/Teaching Assistants

Follow on training for mainstream school staff previously attended 'Understanding pupils on the autism spectrum in your setting' or AET Training and working with autistic pupils.

## Course aims and objectives

To understand how Social Stories™ can be an effective tool to increase understanding of social contexts. To create a personalised Social Story™ for the pupil they support.

22 May 2025 from 9.30am – 12pm



## Resources and strategies

### Target Audience

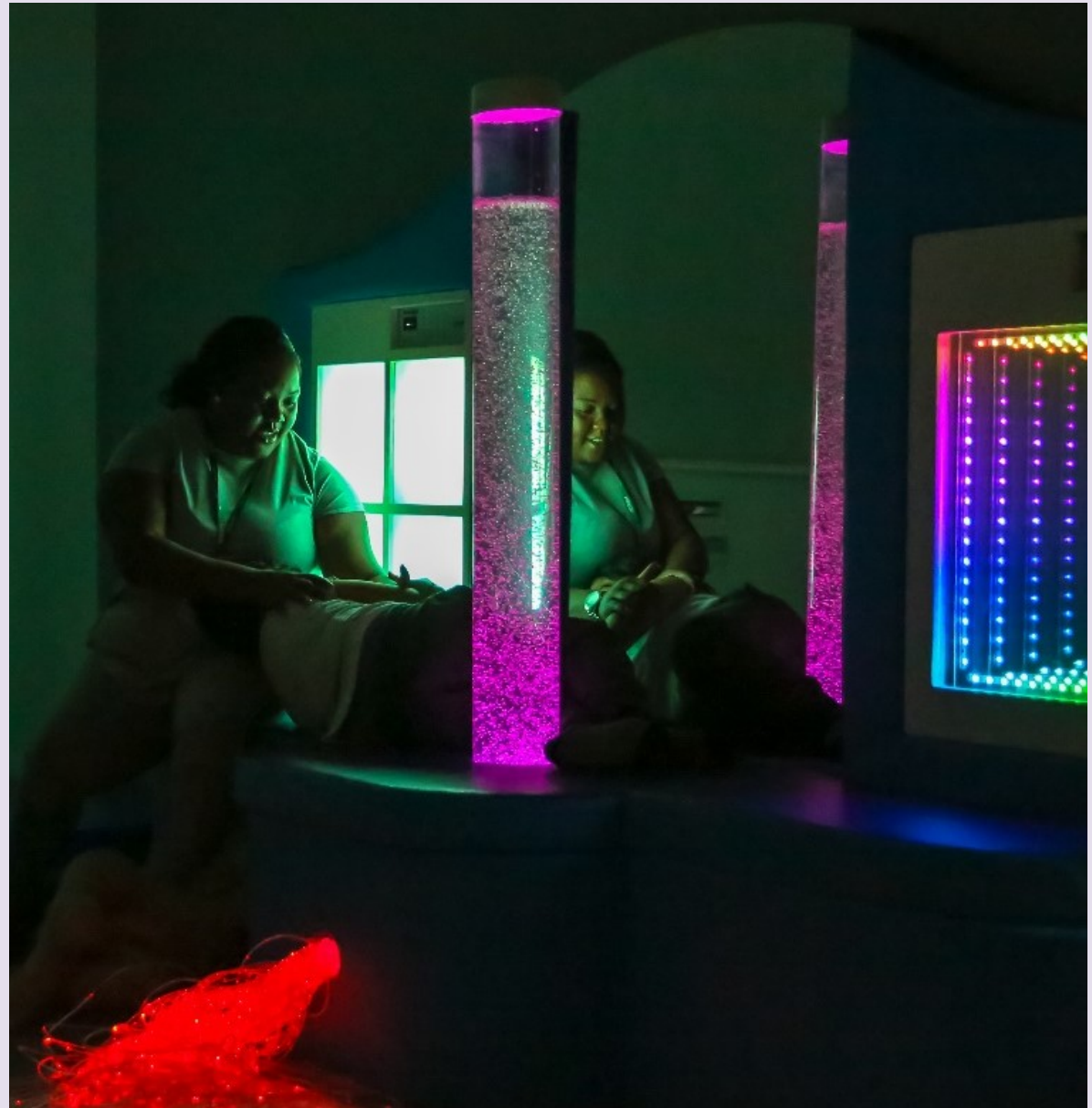
### SENCOs/Teachers/Teaching Assistants

Follow on training for mainstream school staff who have previously attended 'Understanding pupils on the autism spectrum in your setting' or AET Training and are working with autistic pupils.

### Course aims and objectives

To examine a variety of strategies and resources in detail and consider how they could be used to support individual pupils

**5 June 2025 from  
9.30am – 12midday**





# Transition to secondary school

## Target Audience

**Staff/SENCOs/Teaching Assistants working with autistic pupils in mainstream schools**

**Invited parents of Yr 5/6 pupils.**

Staff from mainstream primary and secondary schools to meet to discuss year 5/6 pupils due to transition.

Consider specific issues and resources. Also a valuable networking opportunity.

**6 March 2025 from 9.30am – 1pm**



## Emotional based school avoidance (EBSA) with an autism focus

### Target Audience:

SENCOs, Inclusion managers, Deputy Head teachers. Senior leaders, Local Authority

Emotional Based School Avoidance (EBSA) is a term used to describe a group of children and young people who experience severe difficulty in attending school due to emotional factors, such as anxiety, which results in reduced attendance and prolonged absences from school.

### Aims & Objectives:

In this session we will discuss what EBSA might look like for individuals on the autism spectrum and discuss ways of identifying and supporting potential areas of challenge. We will begin to develop a plan to support individuals, using and adapting some of the resources currently available.

Summer Term date: TBC







## **AET early years programme good autism practice**

### **Target Audience**

**Practitioners working with children on the autism spectrum in Nurseries and Children's Centres.**

### **Aims and objectives**

The Good Autism Practice module has been designed to support practitioners working directly with children either on the autism spectrum or on the pathway to a diagnosis in Early Year's settings.

**10 and 17 June 2025 from 2.30 -6.pm**



## Springhallow outreach autism conference 2025

Friday 14 February 2025 9.30 am – 3.30pm

Full day conference with keynote speakers, opportunities to network and discuss specific issues.

£131 per person (subsidised rate) including lunch and refreshments. Further details TBC.

For more Information or enquiries, please email [outreach@springhallow.ealing.sch.uk](mailto:outreach@springhallow.ealing.sch.uk)





# AET schools programme good autism practice

## Target Audience

This Module is for Senior Leaders, Teachers, Teaching Assistants, Practitioners working directly with pupils in the 5 -16 age group on the autism spectrum.

This training module enables participants to develop their knowledge and understanding of good autism practice and build positive relationships within school-age educational mainstream and specialist settings.

Supported by the AET competency framework it enables practitioners to evaluate and develop their own practice.

**28 January and 4 February 2025 2.30-6.pm**

**29 April and 6 May 2025 2.30-6.pm**





# AET anxiety programme

## Target Audience

The session is suitable for staff/practitioners working with children and young people in schools in both mainstream and specialist schools.

You will be encouraged to reflect on your own experiences with anxiety, what you have found useful in reducing your own anxiety, and what has worked for you in practice when looking to address anxious thoughts and feelings in children and young people.

## The aims

After completing this module, you will be able to understand:

- How autistic children and young people might express anxiety.
- What can cause anxiety in autistic children and young people.
- What you can do to prevent and reduce anxiety in autistic children and young people

## Learning objectives

After completing 'Autism and anxiety', participants will be able:

- To have greater knowledge about how prevalent and impactful anxiety can be on autistic children and young people
- To learn that anxiety can be transactional and we all have a role in reducing anxiety in school
- To understand that there is a toolbox of approaches that can be used to reduce anxiety and the first step is to learn about the individual's triggers and preferred means of support
- To understand that by reducing anxiety we can significantly improve children and young people's ability to engage with school life and their peers, as well as improve general well-being.

**19 June 2025 9.30am – 12.30pm**





# AET School Leaders Module:

**AET Understanding Good Autism Practice and the AET Framework for Leaders.**

## **AET School's exclusions module**

### **Target Audience**

This module has been compiled for leaders and leadership teams within education settings to embed culture change across their provision and support them on their journey to become an outstanding and inclusive setting. The resources will support leaders to fully embed the 8 principles of good autism practice as outlined in the Good Autism Practice Report.

### **Learning objectives - for leaders:**

To understand the importance of the Good Autism Practice Principles and Inclusion Promises.

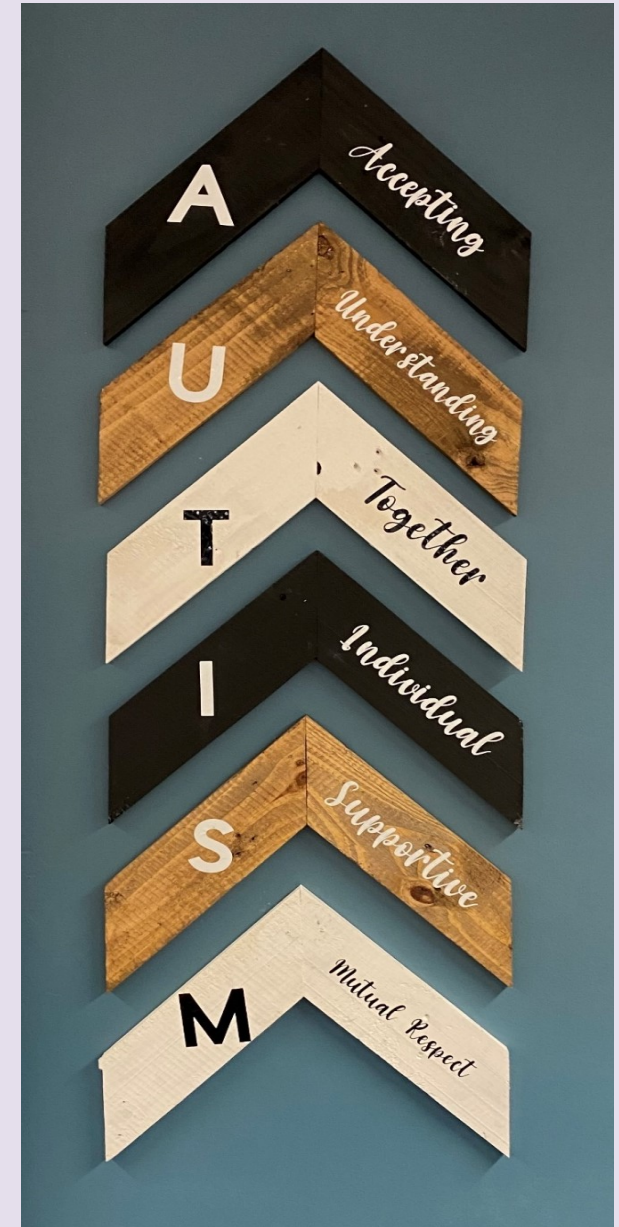
To consider how your provision can embed the principles and promises to ensure autistic children and young people receive a positive education.

To understand how to embed the AET Frameworks across your provision to improve good autism practice.

This module introduces leadership teams to the Good Autism Practice (GAP) Report to help them understand how the 8 principles of GAP emerged. This module has the option to use case studies to illustrate how settings have implemented the principles through adapting their practice. This will help leaders/leadership teams to plan the best way to embed the principles and meet the needs of their autistic children and young people.

The module also introduces the Autism Competency Framework, the Autism Standards Framework and the Progression Framework and helps leaders to consider how they could use these across their provision to improve good autism practice. The module looks at using the frameworks to implement good autism practice through gaining pupil voice, setting suitable learning intentions, making reasonable adjustments and measuring progress.

**13 May 2025 9.30 12.30pm**





## AET Post 16 Good Autism Practice

### Target Audience

This module is for practitioners and staff working in a range of Post-16 settings, including General Colleges of Further Education, Independent Specialist Providers, Mainstream and Special Schools with Post-16 provision, Sixth Form Colleges, Work Based Learning Providers and Adult and Community Learning Providers.

### The aims of this module are to enable delegates to:

Appreciate the strengths and learning needs of autistic learners.  
Improve the ways you support the autistic learner to communicate their future aspirations.

Equip you to work in partnership with the autistic learner to co-create goals for their education.

Improve your practice in supporting the autistic learner.

Learning objectives

After completing this module delegates will be able to:

Reflect on, develop and improve your own knowledge, understanding and practice in working with autistic learners.

Consider some approaches, strategies, and adaptations you can implement to remove barriers to participation and learning for autistic learners you work with.

**8 May 2025 9.30 am to 4pm**

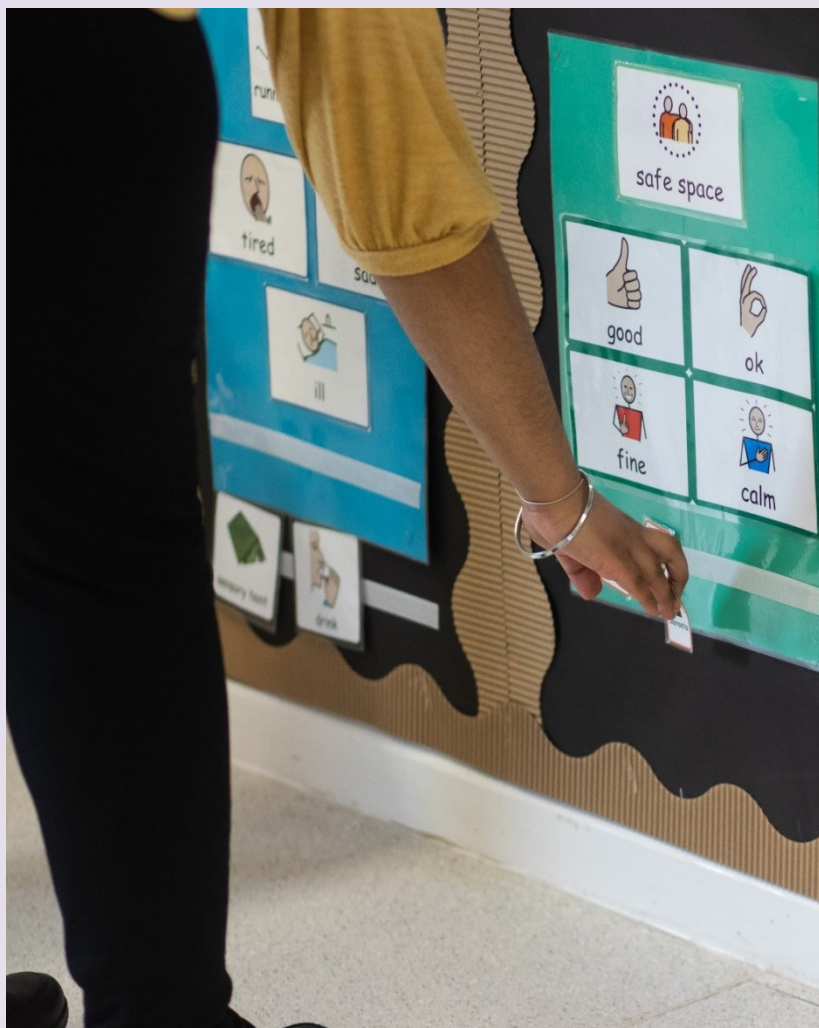
**26 June 2025 9.30 am to 4pm**

# AET Post 16 leadership, inclusion and structural reasonable adjustments

This module is part of the suite of resources for leaders.

It has been compiled for leaders and leadership teams within education settings to embed culture change across their provision and support them on their journey to become an outstanding and inclusive setting. The resources will support leaders to fully embed the 8 principles of good autism practice as outlined in the Good Autism Practice Report.

This module will help leaders to understand what is needed to fully embed an inclusive culture. It looks at education legislation and guidance surrounding inclusion, the steps required to lead culture change and the importance of considering structural reasonable adjustments and AET resources to support leaders with this.



## The aim of this module is to enable delegates:

- To look at how inclusive provision and structural reasonable adjustments can help a setting to be outstanding.
- To consider what is needed to lead culture change in a setting.
- To know about AET resources and guidance that can support leaders to provide inclusive environments through structural reasonable adjustments.
- To consider different ways of making structural reasonable adjustments to ensure autistic children and young people are fully supported.

## Learning objectives

- To be able to develop a culture where autistic children and young people feel listened to, supported and included.
- To have the skills, tools and confidence to lead change in their setting.
- To have a good understanding of educational legislation related to inclusion.
- To reflect on and plan next steps for what is required
- To lead change and fully embed an inclusive culture.
- To understand how to embed the Autism Standards Framework to improve good autism practice.

**25 February 2025 9.30 -12.30 pm**



## Training courses and booking links

To reserve a place on any of our courses please use the links to Ealing CPD online. **For enquiries or further information please contact:**

outreach@springhallow.ealing.sch.uk 020 8998 2700 when directed press option 2 then option 4 for the outreach service

Course title	Dates	Booking link
Understanding pupils on the autism spectrum in your setting	1 May 2025 from 9.30 am – 12pm	<a href="https://ealingcpd.org.uk/event/238935">https://ealingcpd.org.uk/event/238935</a>
Understanding & supporting behaviour of pupils on the autism spectrum	30 January 2025 from 9.30am – 12pm 15 May 2024 9.30am – 12pm	<a href="https://ealingcpd.org.uk/event/239587">https://ealingcpd.org.uk/event/239587</a> <a href="https://ealingcpd.org.uk/event/239590">https://ealingcpd.org.uk/event/239590</a>
Writing social stories™ workshop	22 May 2025 from 9.30am – 12pm	<a href="https://ealingcpd.org.uk/event/239597">https://ealingcpd.org.uk/event/239597</a>
Resources and strategies	5 June 2025 from 9.30am – 12pm	<a href="https://ealingcpd.org.uk/event/239602">https://ealingcpd.org.uk/event/239602</a>
Transition (to secondary school)	6 March 2025 from 9.30am – 1pm	<a href="https://ealingcpd.org.uk/event/239616">https://ealingcpd.org.uk/event/239616</a>
Emotional Based School Avoidance (EBSA) Autism Focus	Summer Term 2025 TBC	Please enquire: outreach@springhallow@ealing.sch.uk
AET Early Years Programme Good Autism Practice (2 sessions per training)	10 June and 17 June 2025 from 2.30 -6pm	<a href="https://ealingcpd.org.uk/event/239839">https://ealingcpd.org.uk/event/239839</a>
AET Schools Programme Good Autism Practice (2 sessions)	28 January and 4 February 2025 from 2.30-6pm 29 April and 6 May 2025 from 2.30-6pm	<a href="https://ealingcpd.org.uk/event/239842">https://ealingcpd.org.uk/event/239842</a> <a href="https://ealingcpd.org.uk/event/239844">https://ealingcpd.org.uk/event/239844</a>
AET Anxiety Programme	19 June 2025 9.30am – 12.30pm	<a href="https://ealingcpd.org.uk/event/239846">https://ealingcpd.org.uk/event/239846</a>
AET School Leaders Module: Understanding Good Autism Practice & the AET Framework for Leaders. AET School's Exclusions Module	13 May 2025 from 9.30 – 12pm	<a href="https://ealingcpd.org.uk/event/239863">https://ealingcpd.org.uk/event/239863</a>
AET Post 16 Good Autism Practice	8 May 2025 from 9.30am – 4pm 26 June 2025 9.30am – 4pm	<a href="https://ealingcpd.org.uk/event/239868">https://ealingcpd.org.uk/event/239868</a> <a href="https://ealingcpd.org.uk/event/239871">https://ealingcpd.org.uk/event/239871</a>
AET Post 16 Leadership, inclusion and structural reasonable adjustments	25 February 2025 from 9.30 -12.30pm	<a href="https://ealingcpd.org.uk/event/239874">https://ealingcpd.org.uk/event/239874</a>
Outreach Autism Conference 2025	14 February 2025 from 9.30am – 3.30pm	<a href="https://ealingcpd.org.uk/event/239640">https://ealingcpd.org.uk/event/239640</a>