

EALING SPEECH & LANGUAGE THERAPY

AWARENESS

MONTH!



30TH SEPTEMBER
TO 25TH OCTOBER

SPEECH & LANGUAGE THERAPY

AWARENESS MONTH



We have a range of workshops and activities planned - take a look and come along to anything you are interested in.

Welcome to our Speech and Language Therapy awareness month in Ealing!

Anyone is welcome to attend any of the workshops, activities or children's centre sessions.

Ealing speech and language therapy team, parent representatives, children's centres, Early Start teams and local charity organisations have been working together to create a whole month of activities aimed at raising awareness of Speech and Language Therapy for families in Ealing.



30TH SEPTEMBER
TO 25TH OCTOBER

WHY DOES IT MATTER?

Children under 5 years are within the 'critical period' for learning language

Language and social understanding plays a key role in all children's social development

WHAT'S ON: WORKSHOPS

WORKSHOP	DATE/TIME	LOCATION	HOW TO BOOK
<p>How can I support my child's social communication?</p> 	<p>Monday 30th September 11am-12pm</p>	<p>Online via Zoom</p>	<p>Please fill out this form:</p> 
<p>An introduction to the Speech and Language therapy service: What is it and how can we help you?</p> 	<p>Tuesday 15th October 10-11.30am</p>	<p>Online via MS Teams</p>	<p>Email: parentingserviceadmin @ealing.gov.uk</p>
<p>How can I toilet train my child if they are not talking?</p> 	<p>Wednesday 16th October 10.30am- 12.30pm</p>	<p>Ealing Central Library, Ealing Broadway Centre, Ealing, London W5 5JY</p>	<p>Please fill out this form:</p> 
<p>Supporting emotions and friendships, by the Ealing Autism referral hub</p> 	<p>Wednesday 16th October 10.30am- 12.00pm</p>	<p>Online via Zoom</p>	<p>Please fill out this form:</p> 
<p>How can I use messy play to support my child's communication?</p> 	<p>Wednesday 23rd October 10.30am- 12.30pm</p>	<p>Windmill Children's Centre, Greenford</p>	<p>Please fill out this form:</p> 

WHAT'S ON: CHILDREN'S CENTRES

If you are visiting any of the children's centres in Ealing during the month, every children's centre is going to be supporting the speech and language therapy awareness month by running exciting themed activities during their stay and play sessions!

Watch out for the following themed weeks:

<i>Week One</i>	<i>Week Two</i>	<i>Week Three</i>	<i>Week Four</i>
Books	Messy Play	Commenting on Play/Interaction	Talking more than one language

For details of Children's Centres in Ealing please go to www.ealingfamiliesdirectory or (if you are viewing this online) please click [here](#)

WHAT'S ON: OUT AND ABOUT

<i>ACTIVITY</i>	<i>DATE/TIME</i>	<i>LOCATION</i>	<i>MORE DETAILS</i>
Guru Nanak Road Gurdwara, Southall, Speech & Language Therapy Drop In	Tuesday 8th October 9.30-11am	Sri Guru Singh Sabha Southall, Guru Nanak Rd, Southall UB2 4NP	Come and speak to a Speech and Language Therapist for advice and strategies. We will have Urdu and Hindi interpreting available. No need to book.
Bounce n Rhyme, Speech & Language Therapy Drop In	Friday 4th October 11am-12:30pm	Ealing Central Library, Ealing Broadway Centre, Ealing, W5 5JY	Come and speak to a Speech and Language Therapist for advice and strategies. Email: wlm-tr.sltuniversalservices@nhs.net

WHAT'S ON: OUT AND ABOUT

ACTIVITY	DATE/TIME	LOCATION	MORE DETAILS
<p>Ealing Toy Library</p>	<p>Thursdays</p> <p>Fridays</p>	<p>Acton Baptist church 14 Church Road W3</p> <p>32 Arlington Road , Ealing W13 8PE</p>	<p>Borrow a range of toys for your children!</p> <p>Please see: www.ealingtoylibrary.com</p>
<p>Early Start Playful Parenting and Shared Reading Taster Session (for Babies – 5 years)</p>	<p>Tuesday 15th October 10 – 11.30am</p> <p>Monday 21st October 10 – 11.30am</p>	<p>South Acton Children's centre W3 8RX</p> <p>Limetrees Children's Centre UB5 5LA</p>	<p>Email: earlystartparenting@ealing.gov.uk or call Kay Williams on 07568 130174</p>
<p>Fathers only Playful Dads Taster Session</p>	<p>Saturday 19th October 10.00am– 11.30am</p>	<p>Dormers Wells Children's centre UB1 3HX</p>	<p>Email: earlystartparenting@ealing.gov.uk or call Kay Williams on 07568 130174</p>



WORKSHOP DETAILS:

HOW CAN I SUPPORT MY CHILD'S SOCIAL COMMUNICATION?



We will share and demonstrate practical ideas and strategies that you can use to support your child's social communication!

TOP TIPS:

- Use a visual timetable or pictures to support routine and transition times
- Join in with your child's interests
- If your child is becoming dysregulated, allow them time in a 'calm zone'



Ealing Community Partners

Speech and Language Message of the Week

First, think about why you are teaching the child to interact with others in a particular way- have they shown interest in other children or wanting to making friends?

Use a visual timetable to support routine and transition times.



Try not to use non-literal language/rhetorical questions; say what you mean. If you need to use non-literal language, try to give an example to aid understanding.

Create opportunities for children to take turns and ask each other for items during activities. Model how this is done at the start of the activity.

If a child is becoming dysregulated, allow them time in a "calm zone".

Top Tips to support social interaction



When sharing a story, use visuals or drawing to explore what the characters may be thinking and feeling.

When you notice a child experiencing a strong feeling, label the emotion or point to a picture. Show them what they could do to cope with the feeling.

Ask your Speech and Language Therapist for support with creating these.

If a child is having difficulty understanding a social situation try drawing a comic strip or social story together. This makes recognising the feelings, possible thoughts and intentions of others more concrete and therefore easier to understand.

Join in with the child's interests and encourage all children to share their interests with others and allow safe space for this.





WORKSHOP DETAILS:

HOW CAN I USE MESSY PLAY TO SUPPORT MY CHILD'S COMMUNICATION?



We will share and demonstrate practical messy play ideas and strategies that you can use to support your child's language development!

TOP TIPS:

- Use activities that stimulate many senses such as touch, sound, sight. Encourage your children to get involved.
- Involve your child's interests
- Comment and describe what you and your child are doing
- Have fun!

Messy Play Ideas

Dry Ideas:



Shredded paper



Dry sand



Flour



Fabric squares (different textures)

In Between Ideas:



Sound bottles



Cooked pasta/spaghetti/rice/noodles



Playdough/silky dough

Wet/Sticky Ideas:



Shaving foam/whipped cream/foaming soap



Mud (cocoa & water)



Porridge



Paint



WORKSHOP DETAILS:

HOW CAN I TOILET TRAIN MY CHILD IF THEY ARE NOT TALKING?



We will share and demonstrate practical ideas and strategies that you can use to support your child's toileting journey!

TOP TIPS:

- Use visuals! Objects, pictures, symbols - anything to support your child's understanding.
- Make the toilet a comfortable and fun space
- Rewards, rewards, rewards! Praise and reward your child when they are doing well.
- Try not to start toilet training when a change is happening.

WE WILL ALSO BE COVERING:

- The importance of considering sensory needs
- How to prepare your child for toilet training and what resources you might need
- Exploring why a toilet toy box is a great way to encourage your child on their toileting journey
- Considering the environment around us





WORKSHOP DETAILS:

AN INTRODUCTION TO THE SPEECH AND LANGUAGE THERAPY SERVICE: WHAT IS IT AND HOW CAN WE HELP YOU?



Come along and find out more about what speech and language therapy is, how we work with you and your child and how services work in Ealing.

WHAT WE SUPPORT:

- ATTENTION AND LISTENING
- TALKING
- UNDERSTANDING
- SOCIAL COMMUNICATION AND PLAY
- SPEECH SOUNDS
- SELECTIVE MUTISM / SPEAKING ANXIETY
- STAMMERING
- VOICE
- EATING, DRINKING AND SWALLOWING DIFFICULTIES



LEARN ABOUT:

- WHO ARE SPEECH AND LANGUAGE THERAPISTS
- WHAT DO SLTS DO
- WORKING IN A MULTILINGUAL BOROUGH
- HOW SLTS WORK IN SCHOOLS AND THE COMMUNITY
- HOW TO GET ADVICE AND SUPPORT



WE HOPE YOU WILL JOIN US FOR
SPEECH & LANGUAGE THERAPY

**AWARENESS
MONTH**

**30TH SEPTEMBER
TO 25TH OCTOBER
2024**

For more information about the Awareness month events and activities, or if you have general questions about Speech & Language Therapy,

Please email:

wlm-

tr.ealing.sltadvice@nhs.net



Ealing Speech and Language Therapy Facebook Page:
facebook.com/SLTEaling



Ealing Children's Services YouTube channel:
youtube.com/@ealingchildrensservices6470



Ealing Speech and Language Therapy Website:
www.westlondon.nhs.uk/slt