

Could you offer friendship & support to a local family?



Home-Start Ealing has been supporting families in the borough for more than 25 years.

Being a parent, whatever your situation, can be incredibly challenging, especially when children are young.

Many parents feel exhausted by the stresses of family life, add to that issues such as post-natal illness, poor mental health, isolation, disability, or multiple birth and it can all become overwhelming.

Home-Start volunteers work alongside families to give compassionate and confidential support.

By visiting families at home weekly and helping with practical tasks, offering advice, sharing parenting experiences and supporting through emotional difficulties, we can help rebuild confidence and improve day to day life.

If you would like more information on how you can support Home-Start Ealing please get in touch.

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