



# Healthy Schools Ealing points scheme

The Healthy Schools Ealing points scheme rewards your school for participating in health improvement activities. If you want to do more to improve mental and physical wellbeing for pupils, now is the time to get involved, and it might even make you a prize winner! Read on to find out more.



Turnover to find out how your school can earn points. The three highest scoring schools at the end of the year will win a prize.



Every month we'll send an email to your PSHE lead with the points leader board, so you can check your score and see how you compare to other schools.



In July 2025, we will reveal the top three, winning high and primary schools.

## How does the points scheme work?



# How do I earn points?

**-2**  
Points

- Not attending a training that you have signed up for (no penalty if you cancel within 48 hours).

**1**  
Point

- Complete a post-training evaluation survey
- Complete the annual health improvement survey

**2**  
Points

- Attend your Health in School Visit (HISV)
- Both headteacher and PSHE lead attends HISV
- Attend or host a network or training

**3**  
Points

- Attend the Health improvement annual conference
- Complete a 'student led' activity (see poster on EGFL)
- Write an article for Stepping Up to Health newsletter

**4**  
Points

- Present at a network, training or conference
- >75% of your staff complete the staff wellbeing survey

**5**  
Points

- Achieve your Sugar Smart School awards
- Achieve the Eco Schools award
- Achieve a Healthy Schools London award

## What can I win?



In July 2025, two high schools and two primary schools will win the following:

**1ST PLACE:** HAT membership (or £250 for PSHE budget) + £50 gift for PSHE lead

**MOST IMPROVED:** The most improved primary & high school will receive £100 for their PSHE budget.

To find out your score, see the 'Healthy School points tally' on our EGFL page.

For more information, email Nicole on [McGregorN@ealing.gov.uk](mailto:McGregorN@ealing.gov.uk).