

Legend key:

Nutrition & exercise	RSHE	PSHE	Mental health	Safeguarding	HAT members	Eco schools	MVP
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Health improvement training calendar 2024/25

September 2024					October 2024					November 2024				
Mon	Tues	Weds	Thurs	Fri	Mon	Tues	Weds	Thurs	Fri	Mon	Tues	Weds	Thurs	Fri
2	3	4	5	6		1 Green school network Online 3.45-5pm	2 DSL Network Online 10-11.15 Intro to MVP Primary Online 3.30-4.30	3	4					1
9	10	11	12	13	7	8	9 PSHE Primary Network Brentside Primary 4-5.30pm Intro to MVP High Online 3.30-4.30	10	11	4	5 PSHE High Network Ellen Wilkinson 4-5.30pm	6	7 MVP staff training (High) 2 of 3 Online 3.30-5pm	8
16	17	18	19	20	14	15 Induction meeting for new PSHE leads Online 3.45-5pm	16	17 Mental health network Online 3.45-5.15pm	18	11	12	13	14 MVP staff training (High) 3 of 3 Online 3.30-5pm	15
23	24	25	26	27	21	22 Anti-bullying week Online 3.45 – 5pm	23 Do it with me HAT session 1 Online 1.30 – 3.30	24 Youth MHFA 2 day EEC 9-4.30pm MVP staff training (High) 1 of 3 Online 3.30-5pm	25 Youth MHFA 2 day EEC 9-4.30pm	18	19 Introduction to CYP mental health Online 3.45-5.15	20	21	22
30					28 HALF TERM	29 HALF TERM	30 HALF TERM	31 HALF TERM	HALF TERM	25	26	27 Tackling HSB and misogyny Online 3.45-5pm	28	29
December 2024					January 2025					February 2025				
Mon	Tues	Weds	Thurs	Fri	Mon	Tues	Weds	Thurs	Fri	Mon	Tues	Weds	Thurs	Fri
2	3 Ofsted focus on PSHE Online 3.45-5pm	4	5	6			1	2	3	3	4 Parental engagement in online safety Online 3.45-5.15	5	6 Healthy Schools London lightning training Online 3.45-5pm	7
9	10 How to achieve Eco schools award Online 3.45-4.45	11	12 DSL / Therapeutic Thinking Network EEC 9.45-12pm	13	6	7	8	9	10	10	11 Train the Trainer RSHE Staff CPD EEC 3.45-5.15pm	12	13 MH network 3.45 – 5.15	14
16	17	18	19	20	13	14	15 DSL & PSHE joint network (FGM) EEC 9.45-11.30	16 Gut wellness unveiled Online 3.45-4.45	17	17 HALF TERM	18 HALF TERM	19 HALF TERM	20 HALF TERM	21 HALF TERM
23	24	25	26	27	20	21 Green school network Online 3.45-5pm	22 PSHE Primary Network Brentside Primary 4-5.30pm	23 Do it with me HAT session 2, Online 1.30-3.30pm	24	24	25	26 HIT conference 12-5pm	27	28
30	31				27	28	29	30 DSL Network Online 10-11.15am	31					

March 2025					April 2025					May 2025				
Mon	Tues	Weds	Thurs	Fri	Mon	Tues	Weds	Thurs	Fri	Mon	Tues	Weds	Thurs	Fri
3	4 PSHE High Network Ellen Wilkinson 4-5.30pm	5	6	7		1	2	3	4				1 Youth MHFA 2 day EEC 9am to 4.30	2 Youth MHFA 2 day EEC 9am to 4.30
													DSL Network Online 10-11.15am	
10	11 Train the trainer RSHE parent workshop Online 3.45-5pm	12 Intro to MVP for primary schools Online 3.30-4.30	13 Staff wellbeing EEC 4.15 – 5.15	14	7	8	9	10	11	5	6 Green School network Online 3.45-5pm	7 MVP staff training (high schools) 1 of 3 Online 3.30-5pm	8	9
17	18 How to acquire Sugar Smart school award Online 3.45-4.45	19 Intro to MVP for high schools Online 3.30-4.30	20 DSL Network EEC 9.45-12pm	21	14	15	16	17	18	12	13	14 MVP staff training (high schools) 2 of 3 Online 3.30-5pm	15	16
24	25 Teaching FGM as part of Ealing SOW EEC 3.45-5.15	26	27	28	21	22 Do it with me HAT Session 3 Online 1.30-3.30pm	23	24 Dove body image workshop Online 3.45-4.45	25	19	20 MH network Online 3.45-4.45	21 MVP staff training (high schools) 3 of 3 Online 3.30-5pm	22 How to deliver a healthy eating week Online 3.45-4.45	23
31					28	29	30			26	27	28	29	30
June 2025					July 2025					August 2025				
Mon	Tues	Weds	Thurs	Fri	Mon	Tues	Weds	Thurs	Fri	Mon	Tues	Weds	Thurs	Fri
2	3	4 PSHE Primary Network Brentside Primary 4-5.30pm	5	6		1 Mentally healthy schools launch 12.30-4.30pm	2	3	4	4	5	6	7	8
9	10	11 Intro to MVP for primary schools Online 3.30-4.30	12 Intro to MVP for high schools Online 3.30-4.30	13	7	8	9	10	11	11	12	13	14	15
16	17 Taking a mental health audit Online 3.45-5pm	18 PSHE High Network Ellen Wilkinson 4-5.30pm	19	20	14	15	16	17	18	18	19	20	21	22
23	24 Green School network Online 3.45-5pm	25 DSL Network EEC 9.45-12	26	27	21	22	23	24	25	25	26	27	28	29
30					28	29	30	31						