

contact

*For families
with disabled children*



DOES YOUR AUTISTIC CHILD NEED HELP TO SLEEP BETTER?

Come along to our FREE online workshop!

Understand the impact of poor sleep and find out about creative and proven ways to improve sleep patterns in autistic children. Get support for yourself too!

Why sleep issues occur | Bedtime routines
Share experiences | Top tips to help

Thursday 21 November, 10.30am

To join us please [register your interest](#)



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