

This service is available for Academies and Maintained schools

Description:

This package ensures a cohesive school-wide approach to RSHE, promoting compliance with statutory guidelines. Invest in this package for effective RSHE curriculum delivery aligned with the Ofsted Framework on personal development.



Year Academic year 2025/26

Benefits

This package will:

- Ensure your school is compliant with the statutory relationships, sex and health education guidance.
- Drive a whole school approach to effective and consistent relationships, sex and health education.
- Support your school in proactively addressing harmful sexual behaviour and peer to peer abuse.
- Provide direction on how RSHE fits into the wider PSHE and personal development judgement as part of the Ofsted Framework
- Reduce withdrawals and parental concerns about relationships, sex and health education.
- Directly assist you in achieving your Healthy Schools London Bronze, Silver, Gold and Platinum awards with a focus on RSHE.
- Provide you with access to a wide range of pre-prepared lesson plans, parent letters, policies and baseline surveys.
- Provide you with expert guidance from a health improvement officer to stay on track and make an impact.
- Model all aspects of the whole school approach to ensure that this project is sustainable in your school.

This package includes implementation of all initiatives, training, policies, toolkits and resources.

Additional / buy back services

- [Health improvement 3 day bespoke package](#)
- [Healthy schools awards and training package](#)
- Specialist packages of support:
 - [Eco initiatives and awards](#)
 - [Healthy staff, thriving schools](#)
 - [Mental health and wellbeing package](#)
 - [Sugar smart](#)
 - [Personal, social, health and economics \(PSHE\) mastery package](#)
 - [Safeguarding and inclusion \(New\)](#)

Office hours:

- Monday to Friday, 8.30am to 5pm
- Twilight sessions and out of office hours work by negotiation.

Service directors:

Julie Lewis

More detailed information:

This package comprises of 14 hours of RSHE support in your school. Activities can include:

- An update and review of your current relationships, sex and health education policy with consultation from staff, governors, parents and pupils
- Staff training focused on delivering high quality relationships, sex and health education lessons
- Bespoke staff training in relation to harmful sexual behaviour, safeguarding and inclusion
- Parent workshops focused on the importance of relationships, sex and health education
- Student assemblies and workshops on themes related to RSHE including consent, contraception and puberty.
- Modelled RSHE lessons, delivered by an experienced member of the team. These sessions will support staff in delivering high quality effective RSHE.
- Baseline and endline surveys with pupils and staff to measure impact.
- All lesson plans and support materials for RSHE lessons.

This package also includes:

- Free access to five central trainings for all staff on RSHE

- Two tickets to the health improvement annual conference
- Two drop-in days to help you achieve your Healthy Schools London awards
- Three primary or high school PSHE network meetings

Provider:

Health improvement team, children and families, Ealing Learning Partnership

Contact:

- **Nicole McGregor**, Health improvement: mgregorn@ealing.gov.uk 020 8825 5484
- **Faye Jones**, Health improvement: jonesf@ealing.gov.uk 079 2965 2351

Further details:

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