



Ealing mental health support summer term workshops

04 Apr 2025

Ealing Mental Health Support Team (MHST) support the wellbeing of children and young people in Ealing schools.

Over the spring term, Ealing MHST will be running a variety of online workshops for parents and carers of children who attend a school in Ealing.

Schools are asked to share the [summer term workshops flyer](#) with their parents and school community.

The workshops will be held online using MS Teams.

Mental health summer workshops

April 2025

- Supporting friendships in primary school - 23 April
- Exam stress - 28 April

May 2025

- Common behaviour difficulties - 2 May
- Understanding anxiety - 6 May
- Social media and self esteem - 14 May
- Introduction to ASC and adolescence - 16 May
- Supporting behaviour in children with additional needs - 27 May
- Supporting appropriate technology use in primary children - 30 May

June 2025

- Introduction to ASC in primary school children - 2 June
- Supporting appropriate technology use in secondary age children - 10 June
- Understanding male mental health - 24 June
- Supporting transition to secondary school - 26 June

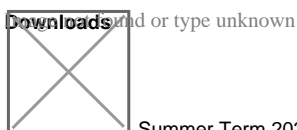
July 2025

- Supporting transition to secondary school - 4 July
- Supporting behaviour in children with additional needs - 7 July
- Understanding anxiety - 14 July

How to sign up

Parents can complete the [short sign up form](#) for any of the above summer term 2025 workshops.

Email Ealing_mhst@nhs.net for more information



[Summer Term 2025 ParentCarer Workshop Flyer.pdf \(pdf\)](#)

Related Services

[Ealing mental health support team \(MHST\) 2025/26](#)

Was this page useful?

- [Yes](#)
- [Neutral](#)
- [No](#)

Contacts

Ealing mental health support team (MHST)

Ealing.mhst@nhs.net

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