



Important changes to the health improvement packages. Buy back before 31 March

25 Mar 2025

Schools purchasing a health improvement package this year will receive the new professionally designed Ealing PSHE scheme of work for free (RRP £800).

Our packages for schools

- [Health improvement 3 day bespoke package](#) - 3 full days of expert support tailored to your school's needs.
- [Healthy schools awards and training package \(HAT\)](#) – Our most popular package (25+ schools buy back annually), now with **10 brand-new training sessions**, including how to create great online surveys, beautiful PowerPoint presentations, how to design anything using Canva and learn to make engagement videos.
- Specialist packages: 7 specialist packages, all including 14 hours of in-school support & expert training workshops:
 - [Personal, social, health and economics \(PSHE\) mastery package](#)
 - [Mental health and wellbeing package](#)
 - [Eco initiatives and awards](#)
 - [Relationships, sex and health education \(RSHE\)](#)
 - [Healthy staff, thriving schools \(New\)](#)
 - [Safeguarding and inclusion \(New\)](#)
 - [Sugar smart \(New\)](#)

Still not sure which package is right for your school?

Download our [comprehensive brochure](#) or contact us via email or phone for assistance in choosing the best value package for your school.

Schools have until 31 March to purchase a health improvement package for next year.

Downloads

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[New PSHE SOW flyer.pdf \(pdf\)](#)



[HIT brochure 2025-26 \(1\).pdf \(pdf\)](#)

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