



## Free sexual health training for professionals working with young people in Ealing

31 Jan 2025

**Action for schools:** Please pass this invite onto relevant colleagues.

As part of the local sexual health system in Ealing, our partners Brook will be delivering online young people's sexual health training.

Brook is a national multi-agency response that helps professionals to identify, understand and respond appropriately to sexual behaviours in young people.

### Book your place

If you wish to attend this half day online training please register your place via Eventbrite on the link below, on a first come basis:

[Ealing Professionals Only - Sexual Behaviours Traffic Light Tool \(TLT\) Tickets, Tue 25 Feb 2025 at 09:30 | Eventbrite](#)

### Audience

This training is aimed at all professionals working with young people in Ealing, for example teachers, nurses, social workers, youth workers - offering an insight into the pressures of online life for young people.

### Aim

The aim of this session is to enable participants to develop the knowledge and skills to confidently and effectively apply the Traffic Light Tool, and:

The tool categorises sexual behaviours into green, orange and red light categories and gives examples for different age groups. This helps you to make consistent and informed decisions and have meaningful conversations about appropriate sexual behaviours.

The tool helps you understand appropriate behaviours for different age groups but it is also important to take into account the developmental age and ability level of the child or young person (and others involved) as well as the location, frequency and nature of the behaviour.

After completing the training, you will be able to:

- recognise and identify sexualised behaviours and differentiate between those which are part of healthy sexual development and those which are problematic or harmful.
- reflect on your own values and understand how they can impact on decision making.
- demonstrate a common language around developmental and harmful sexual behaviours.
- understand what a behaviour may be communicating and why the child or young person may be exhibiting the behaviour.
- appropriately respond to sexualised behaviours, considering possible motivations, communications and severity.

We would request that if you book and are unable to attend to please cancel, so that other colleagues can attend, as spaces are limited.

### Contact

Should you require further information/assistance please contact please contact Amber at [amber.newman-clark@brook.org.uk](mailto:amber.newman-clark@brook.org.uk)

### Was this page useful?

- [Yes](#)
- [Neutral](#)
- [No](#)

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