

Eye test

If you are a VDU user you can claim back the expense of an eye sight test.

To receive reimbursement, your optician will need to complete the [optician form](#) (word) confirming that they has examined your eyes and recommended glasses for VDU use.

Pay for your eye test or glasses and keep the receipt. Scan the receipt and the signed optician form and claim via the expenses form available on [iTrent self service](#).

How to claim for an eye test on itrent

Once you log in to itrent select **My pay**, then on the right hand side select **Time and expenses**.

Then select **Add claim**, select the date you had your eye test. The claim template you need to use is **Ealing exp and mileage**.

Select **eye test** from the Element list and then complete the remaining fields.

Related services

[Occupational health 2024/25](#)

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- [Yes](#)
- [Neutral](#)
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